### 2020-2021 Cheer Application

Name: \_\_\_\_\_

Grade level for 2020-2021 year: \_\_\_\_\_

Please read, sign, and return this application to the Cheer Coach no later than Wednesday, April 8<sup>th</sup>, 2020. You may want to make a copy for your records.

### Mandatory Parents' Meeting: TBA Tryout Clinic: TBA

#### **Cheer Tryouts: TBA**

#### Cheerleader Objectives:

Cheerleaders should promote school spirit.

Cheerleaders should demonstrate good sportsmanlike conduct among all students and adults.

Cheerleaders should strive to maintain high standards and excellence in cheerleading and academics.

Cheerleaders should promote the need for unity among all aspects of the school.

Cheerleaders should make continuous efforts to remain in good standing with relationships between schools.

#### \* CCS Cheerleaders should above all represent the standard of CCS, and promote that of which is expected of them by the CCS Staff, Coaches, and CCS Administration \*

#### Cheerleader Responsibilities:

- Cheer at all required sporting activities, camps, and competitions.
- Required to attend all after school practices.
- Required to attend mandatory practices, which may not fall after school.
- Required to attend Camp, Regional, State, and National competitions.

\* The only excused absences, to the above listed requirements, will be personal illness or accident, death in the family, or exceptional circumstances approved by the coaches in advance \*

- Required to ride the bus/van to and from cheer camps, competitions, and varsity football/basketball games.
- Required to promote school spirit by making banners, hanging posters, and engaging students on game days.
- Cheerleaders should be cooperative with coaches, other cheerleaders, and CCS faculty/staff members.
- Cheerleaders will be enthusiastic, spirited, and leaders at all times.
- Cheerleaders will set examples at school and during all events
- Cheerleaders are required to maintain good grades, conduct themselves with good behavior and have good attendance in their classes at school.
- Cheerleaders will be required to maintain passing grades in each of their classes. They will not be allowed to participate in any CCS Cheerleading activity without a passing grade.

• Cheerleaders with continual grade, tardy, or behavioral issues could be dismissed from the cheer squad at the discretion of the CCS Cheer Coaches and CCS Administration.

#### \* Extenuating circumstances will be handled on a case by case basis \*

#### Game/Practice Expectations:

- Give 100% at all times
- Do NOT complain or back-talk
- Respect authority
- Pay attention to the game or tasks that you are engaged in
- DO NOT have cell phones out during games or practices
- Cheer for your team and promote crowd involvement
- NO JEWELRY allowed at practices or games
- Hair should be pulled back during practices
- Wear correct practice clothes to practices
- Finernails should not have the free edge visible from the palm view of your hand.

#### Conduct Outside of the School:

Cheerleaders are representatives of Community Christian School outside of school hours and are expected to behave appropriately.

Inappropriate behavior recorded on social media can result in removal from the squad with NO refund. The cheerleader can also be removed from participation at games or other school activities for inappropriate behavior.

Cheerleaders need to be very mindful that the pictures/videos they post online are accessible to family, friends, teachers, administrators, and future employers.

### \*\* REMINDER: The internet does not forget and someone is always watching you. Your actions are a direct reflection of CCS \*\*

## Cheerleaders are REQUIRED to follow all CCS conduct rules as stated in the "Code of Conduct" forms which students and parents signed at the beginning of the school year.

#### Dismissal from the Squad:

The following will result in a meeting with administration and possible dismissal from the squad:

- Suspension or failing grades
- Smoking
- Drinking
- Use of illegal substance
- Fighting
- Defacing property
- Cheating in class
- Hazing, Bullying/Cyber bullying
- Theft
- Continual disrespect toward coaches, staff, or administration

# Dismissal may occur for reasons not listed above, only after a meeting with the coaches, administration, and parents.

#### THERE WILL BE NO REFUNDS IF A SQUAD MEMBER IS DISMISSED FOR ANY REASON.

#### Misc. Information:

Good physical conditioning is essential for all cheerleaders. Students will be trained to stretch properly for workouts. All cheerleaders must be in good general health. It is important that cheerleaders maintain a good body weight and engage in exercise to increase strength.

Cheerleaders will stretch properly, wear any necessary bandages or braces needed to protect wrists, ankle, or knees to avoid injuries. Safety is a major priority with CCS Cheerleading.

I have read the above information and understand what is expected of me, by making a commitment to try out for the 2020-2021 CCS Cheerleading Squad.

Applicant Signature:\_\_\_\_\_

Parent Signature:\_\_\_\_\_\_

Date:\_\_\_\_\_

We are glad you have chosen to try out for the 2020-2021 CCS Cheerleading Squad, and we wish you luck at tryouts!

Traci Wells, Coach, Community Christian Varsity Cheer